



WINDSOR ESSEX 2013

AUGUST 14-19, 2013



Agenda:

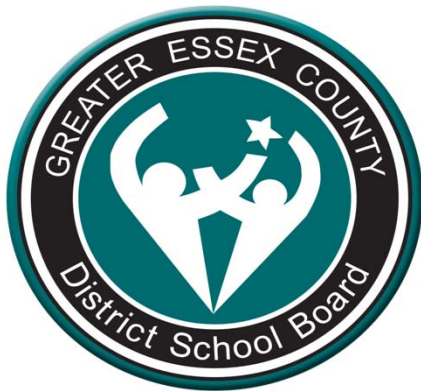
- * Brief history of the ICG
- * Outline components of the school health legacy project In Sport WE Are One
- * Projected Outcomes
- * Ways parents can support healthy schools

History of the ICG Games

The International Children's Games (ICG) originated in Celje, Slovenia, over forty years ago.

History of the ICG Games

- * Founder, Metod Klemenc
- * Young people could develop:
 - * lasting friendships
 - * promote peace in the world through sport



- 1500 to 2000 athletes and their coaches
- summer of 2013.

How do we better address childhood obesity?



Provide Healthy Choices





...a School Health Legacy

Game's objectives:

- * healthy living
- * Volunteerism

Enlisting support from:

- * individual citizens
- * civic groups
- * private enterprise
- * voluntary organizations and
- * local schools



...a School Health Legacy

Will encourage :

- * Healthy living through regular physical activities
- * Healthy nutritional habits

Will emphasize:

- * importance of adopting an active lifestyle



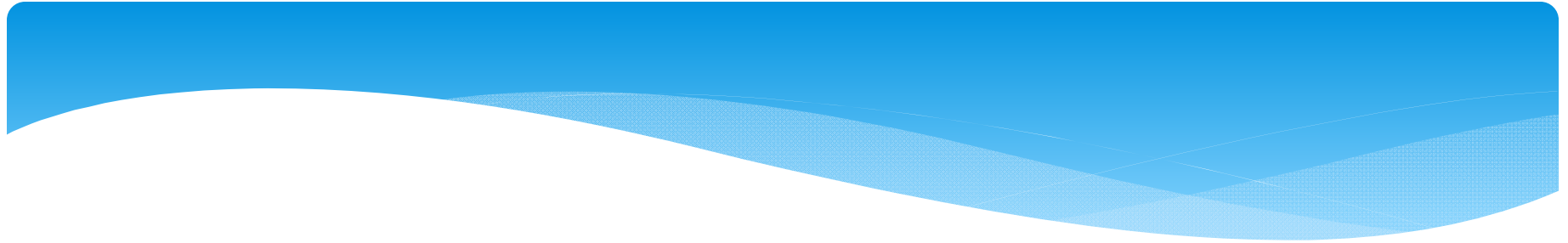
...a School Health Legacy

- * Positions all residents to become the healthiest jurisdiction in Ontario, Canada.



What is In Sport WE Are One?

How do we support the health initiative?



One Concept, Five Activations

1. Healthy Living Pledge...

- * Online pledge commitment to improve healthy active living and encourage community participation
www.icg-windsorsex2013.com
- * A pledge banner (each school will host a banner for one week / ICG Mascot available to attend signing day)

2. Playground to Podium...

- * Curriculum activities
 - * Aligned with the HPE expectations
- * Gr. 7 & 8 Leadership Recruitment: Identification and Leadership Development...
 - * *Phase 1(Pilot) - September – December 2012 / Phase 2 (Launch) – January - June 2013*

3. Child Health Passport Program... "Keep it Real"

- * Online tracking tool
 - * Physical activities
 - * Healthy eating
 - * Personal involvement at school, home and community.
- * An incentive and recognition point system program with educational learning tools built in
- * *Ability Online technical partner www.abilityonline.org*

4. ICG Leadership Junior Ambassador Program...

- * Grade 7 & 8 Leader and Mentorship Development Program
- * Athlete Ambassador Program to include Olympian/Paralympian guest speakers available to schools throughout the school year

5. “ICG Games Day” Recognition/Activity Event...

- * Re-branded track and field activity days
- * *School and student recognition events*

Projected Outcomes...

- * Healthier schools
- * **Enhanced student achievement**
- * Healthy Living Toolkit... electronic tracking tool will **assist with the assessment and evaluation of Health and Physical Education curriculum expectations**

Projected Outcomes...

- * Involvement of all school communities in the City of Windsor and Essex County
- * Ways for “every child” to engage in healthy living activities, and reach out to their families

How Can Parents Help?

- * Brainstorm with an elbow partner:
 - * What is or what could our parent group do to support healthy eating and physical activity?
- * Share

Other Ways to Support Physical Activity and Healthy Eating

- * Advocate for release of the revised Health and Physical Education curriculum documents
- * Distribute and complete the People for Education questionnaire on quality DPA and HPE education at your school.
- * Healthy Fund Raising (instead of chocolate bars and cookie dough, think activity fund raisers: walkathons, dance – a - thons, Jump Rope for Heart, Hoops for Heart)
- * Healthy Rewards (instead of a pizza party, think a recreational party, e.g. skating, swimming, gym time, nature walk)

Questions?

