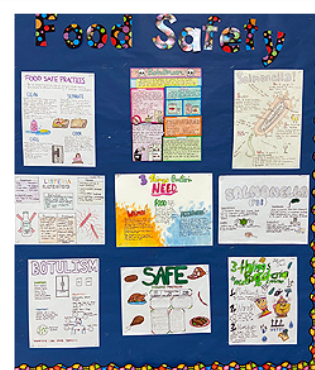




Family Studies & Humanities

Belle River District High School



Family Studies

FOOD & NUTRITION (HFN20) GRADE 10

This course focuses on guidelines for making nutritious food choices. Students are provided with the opportunity to develop food preparation skills in the kitchens. They will also learn Kitchen and Food Safety procedures and guidelines for making nutritious food choices.

NUTRITION & HEALTH (HFA4C) GRADE 12

This course focuses on nutrition and health at different stages of life and on global food issues. Students are provided with the opportunity to develop advanced food preparation skills in the kitchens. They will learn about healthy eating and the role of nutrition in health and disease.

PERSONAL LIFE MANAGEMENT (HIP40) GRADE 12

This course focuses on preparing students for independent living through hands-on learning and differentiated instruction. Students will learn to manage a household, budgeting and how to meet their food, clothing and housing needs. They will also develop skills in decision making and problem solving.

Humanities

INTRODUCTION TO ANTHROPOLOGY, PSYCHOLOGY AND SOCIOLOGY

(HSP3U) GRADE 11

This course introduces students to questions and issues related to the three disciplines. Students learn to think critically, develop an understanding of research, methods and explore theories from a variety of perspectives.

PHILOSOPHY (HZB3M) GRADE 11 (HJT4U) GRADE 12

These courses encourage the exploration of philosophy's big questions, such as: What is the meaning of life? What makes something beautiful? What is a just society? Students will develop critical thinking and philosophical reasoning skills.

CHALLENGE & CHANGE IN SOCIETY (HSB4U) GRADE 12

This course focuses on the use of social science theories, perspectives, and methodologies to investigate and explain shifts in knowledge, attitudes, beliefs and behaviour and their impact on society. This is done through differentiated instruction, discussion and debate.

