S.T.E.P.S. Program







What is the S.T.E.P.S. program?

S.T.E.P.S. stands for "Skills to Enhance Personal Success". The S.T.E.P.S. program consists of courses, supports, and experiences designed to meet the needs of students with complex learning needs and physical challenges in a secondary school environment.

Who is eligible for the S.T.E.P.S. program?

Exceptional students identified as having a Developmental Disability, Autism, or Multiple Exceptionality through the I.P.R.C. (Identification, Placement and Review Committee) process AND who meet other criteria specified by the GECDSB, are eligible for the S.T.E.P.S. program.

The S.T.E.P.S. program: How it works

The program is designed to allow students the opportunity to proceed at a rate of learning that is appropriate to their ability, needs and interests. In fact, S.T.E.P.S. students typically spend 7 years in the program and graduate the calendar year that they turn 21.

S.T.E.P.S.
BRDHS
NOBLES

S.T.E.P.S.

Skills to Enhance Personal Success

S.T.E.P.S. K-Courses

- Language & Communication Development
- Numbers & Numeracy
- Exploring the World of Work
- Culinary Skills
- Social Skills
- Personal Health & Fitness
- Self-Help & Self-Care
- Creative Arts for Enjoyment and Expression

What so S.T.E.P.S. students achieve upon graduation?

Students in the S.T.E.P.S. program will be working towards achieving a Certificate of Accomplishment at the end of their secondary school career.



What Does the S.T.E.P.S. Program Have to Offer?

LIFE SKILLS: Our program is designed to foster independence, confidence, and self-advocacy through the development of essential life skills. Students participate in meaningful learning experiences focused on self-care, cooking, money management, grocery shopping, workplace readiness, and community participation. Instruction is individualized to build on each student's unique strengths, interests, and needs while preparing them for greater independence and success in daily life.

INTEGRATION: Students are encouraged to participate in mainstream courses and school-wide activities that align with their interests, strengths, and goals. Opportunities for inclusion include participation in clubs such as Student Council and the Dance Team, helping students build friendships and strengthen their connection to the BRDHS community. Collaborative field trips and shared activities with mainstream classes further promote school engagement and a strong sense of belonging.

WORK PLACEMENTS: Our program provides students with meaningful opportunities to explore the world of work through hands-on, experiential learning. Students participate in work placements within the school and throughout the community, allowing them to develop transferable workplace skills, build confidence, and discover their interests and strengths. These experiences help prepare students for a successful transition to meaningful employment and greater independence after high school.