



# BRDHS

BELLE RIVER DISTRICT HIGH SCHOOL



## Guidance



### For your peace of mind

At Belle River District High School you will find SUPPORT, COMMUNITY and ACCEPTANCE. We strive to foster a caring and supportive environment for our students. Our role is to support personal development in our students so that they may thrive in their own unique way.

### For your health and success

At BRDHS we believe that good health and mental well-being are the foundation for everyday living and learning. Our services will help students work at their best. It is the role of the guidance counsellors to assist every student, and to ensure his/her success at BRDHS. In today's world we realize that students face many challenges

and difficult choices as they prepare for their future. Thus, it is the responsibility of the guidance counsellors, in conjunction with parents, teachers, the entire student success team and the community, to help our Noble students meet these challenges and to make good choices.

Services may include individual counselling, individual academic planning, development of positive self-help strategies, and academic support.

**TIMETABLE CHANGES:**  
All changes to student timetables must be made in consultation with the guidance department within appropriate timelines. Course changes do not take effect until all documentation has been completed.

We're here to help and support our students.

Support for post-secondary:  
College, University  
Workplace  
Apprenticeships  
and  
Community Living

# Student Support at Belle River District HS

**Social Worker**  
M. Martinuzzi

**Student Success Teacher**  
C.Zgomba

**Guidance Counsellors**  
K.Brosseau  
M.Moison

**Learning Support Teachers**  
T. Brooks  
K. Parent

**Child and Youth Worker**  
B. Breault

## Educational and Career Counselling

Guidance counsellors assist students in exploring their aptitudes, strengths and interests through the setting of educational goals. Students are provided with opportunities for academic planning and career exploration. Through presentations from colleges, universities and outside agencies, students are encouraged to explore all vocational & educational opportunities available to them. Counsellors will continue this dialogue with students in support of their career and course selections, skill development and interpersonal capabilities.

## Personal and Responsive Counselling

Guidance counsellors work with all students to support their social, emotional, behavioural and intellectual development. Students may make an individual appointment with a counsellor to discuss concerns in any of the above areas. The length and type of intervention will vary according to the particular student's needs. Some issues that guidance

counsellors can help with are: anxiety, bullying, depression, family and peer relationships, loss or grief, problem solving, body image and peer pressure.

## Safe Schools Program

The guidance department is highly active in the development, promotion and implementation of policies and programs that support a positive, safe learning and teaching environment. We as a school community recognize that only when our students feel safe, comfortable and accepted are they truly able to reach their full potential.

## LEARNING SUPPORT RESOURCES

The Learning Support Teachers at BRDHS provides academic support for students identified through the IPRC (Identification Placement Review Committee) process. These supports include:

- Accepting referrals for learning support from teachers, parents, and students.
- Serving as a resource person to classroom teachers to enhance learning opportunities for students with identified learning exceptionalities.
- Advocating for students with special needs.
- Communicating with parents on student progress.
- Aiding in the transition from elementary to secondary school.
- Coordinating the IPRC process.

## Guidance Counselling and Career Services:

- Individual, Personal and Crisis Counselling
- Group Counselling
- Conflict Resolution
- Educational Development Plan
- Career Pathways Guidance
- Job Shadowing
- French Immersion Program
- E-learning Course Offerings
- GRADE 11/12 OPPORTUNITIES
  - Specialist High Skills Major Programs
  - Dual Credit Courses
  - Apprenticeship/OYAP Programs
  - Co-operative Education Program
  - University and College assistance

