



Greater Essex County District School Board Community Involvement Activities Form

Please note: It is important that all community hours are eligible as outlined by the Ministry of Education.

If you are unsure, please see a guidance counsellor prior to completing the hours or visit the [Community Involvement page](#) on our website. When you have completed the required 40 hours, submit this signed form to the Guidance Office.

All students need to complete 40 hours of community involvement as part of their graduation requirements.

Activity	# of hours	Date of Completion	Volunteer Location	Phone	Supervisor's Name (Please Print)	Supervisor's Signature
Total Hours						

Student Name (Print Clearly) **Student Number** **Student Signature** **Date**

Parent/Guardian Signature (if under 18 years old): _____ **Date:** _____

***** For Office Use Only *****

Completion has been noted on Student's OST **Signature of School Official:** _____ **Date:** _____

Eligible Activities

Events or activities are intended to promote a positive contribution to the community. If an event/activity does not fall within the guidelines, the Principal of the student's school, with the appropriate supervisory officer, may approve or reject any activity or event.

Key Elements:

- Must be completed outside of class time.
- Must not be part of a credit course.
- Must be unpaid.
- Must have 40+ hours by the end of Grade 12

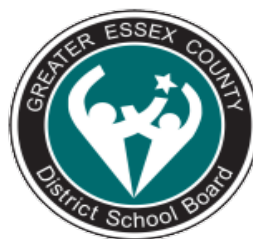
Activities	Examples
School Programs	Sports meets, setting up musical productions, parents' nights
Fundraising	Canvassing for walk-a-thons, gift wrapping, gala events
Sports/Recreation	Coaching, organizing Special Olympics
Community	Organizing carnivals, festivals, parades, food drives, and support services for community groups
Environmental Projects	Community clean-up, flower/tree planting, recycling
Religious Activities	Programming for children, Sunday school teacher, special events
Seniors' Programs	Assisting in Seniors' Residence/Program
Office and Clerical	Reception, computer work, and mailing for non-profit agencies
Youth Programs	Youth programs such as Girl Guides, Scots, March Break programs, and camps
Work with Animals	Animal care, therapeutic horseback riding programs
Arts and Culture	Assisting in a gallery, set-up for musical performances/productions
Activities for Individuals	Assisting a senior to shop (no driving), read, prepare meals, shovel snow (no snowblowers), tutoring students, transcribing, and respite care

Ineligible activities

The ministry has developed a list of activities that may not be chosen as community involvement activities. These are referred to as ineligible activities.

Some rules for volunteer hours:

- Cannot be a requirement of a class or course in which the student is enrolled (like cooperative education portion of a course, job shadowing, work experience)
- Cannot take place during class time. However, an activity that takes place during the student's lunch break or "spare" periods is **allowed**.
- Cannot be a job performed for wages by a person in the workplace.
- Cannot include the use of power tools, vehicles, and/or scaffolding.
- Cannot consist of duties normally performed in the home (like daily chores)
- Cannot be personal recreational activities.
- Cannot involve activities for a court-ordered program (e.g., community service program for young offenders, probationary program).
- Cannot be any duty performed for a family member.
- Cannot involve activities in the presence of "designated substances" under the Ontario Health and Safety Act.
- Cannot involve activities that promote discrimination, harassment, or put the safety of the student or others at risk.



Please review the full list [on our website](#).

Volunteer!