

# Community Hours Reflection – Request to Count Paid Employment

Student Name:

Date:

For the 2020-2021 school year, the Ministry of Education has revised the 40-hour community involvement graduation requirement so that students will not be adversely impacted by the ongoing challenges related to COVID-19.

The Ministry is providing increased flexibility in how secondary students can earn hours:

*This year, students aged 14 years and older can count up to a maximum of 10 hours from paid employment towards their earned hours at the discretion of the principal.*

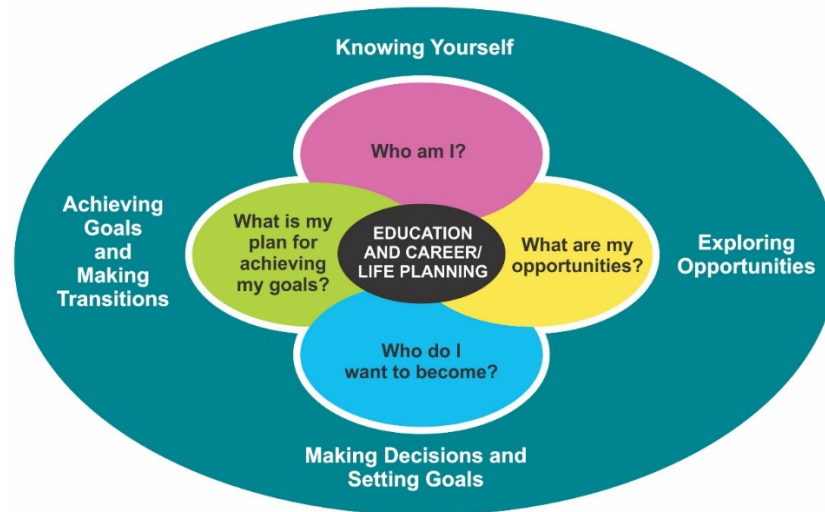
*Students counting paid employment towards their graduation requirement will be required to complete a reflection exercise indicating how their work contributed to the service for others.*

The Education and Career/Life Planning program helps students achieve their personal goals and become competent, successful, and contributing members of society.

The goals are to:

- ensure that students develop the knowledge and skills they need to make informed education and career/life choices through the effective application of a four-step inquiry process;
- provide opportunities for this learning both in and outside the classroom; and
- engage parents and the broader community in the development, implementation, and evaluation of the program, to support students in their learning.

To begin, please review the graphic below and think about the questions in the four areas of learning of the Education and Career/Life Planning framework.



Next, answer questions #1-4.

Be sure to provide a detailed response (i.e., minimum 3 sentences for each answer).

If writing is not your strength, please talk with your Guidance Counsellor about how you can complete your reflection in another format (e.g., interview, collage, recording).

1. **Who am I?** (What surprising thing did you learn about yourself during this experience? What did you find challenging? What did you find exciting?)
2. **What are my opportunities?** (How did your experience in the workplace help you to understand the role you can play in supporting a strong community? What other types of opportunities has this experience opened up for you? How can community involvement help you further your own goals?)
3. **Who do I want to become?** (Thinking about your future plans, can you now identify ways you will be of service to others? What steps will you need to take to ensure you are able to give back to your community? Is giving back of value to you? Why / why not?)
4. **What is my plan for achieving my goals?** (How has this experience impacted any of your personal, academic or career goals? Will you need to adjust your next steps? Why? / Why not?)

When your reflection is complete, please save it.

Then, share it with your parent/guardian and make any adjustments.

Next, send the reflection to your Guidance Counsellor as an attachment to an Edsby message.

If you attend the Virtual Secondary School, send this reflection to your Guidance Counsellor at your home school.

If you have any questions about this reflection, please contact your Guidance Counsellor.