

Lakeshore Discovery School
Bullying Prevention &
Intervention Plan
2025-2026



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Respect • Responsibility • Teamwork • Optimism • Pride

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1. Purpose and Commitment

Lakeshore Discovery School is committed to providing a safe, inclusive, and respectful learning environment for all students. Bullying in any form is unacceptable and will be addressed promptly and effectively.

2. Key Findings from 2024 School Climate Survey

Most students reported no instances of bullying during the 2024–2025 school year. For those who did experience bullying, it was limited to one or two occurrences. Nevertheless, the Lakeshore Discovery School staff and community believe that even a single incident is unacceptable. While these results reflect a generally positive school climate, ongoing vigilance and proactive measures remain essential.

3. Definition of Bullying

The Ontario Education Act identifies bullying as an aggressive behaviour that is typically repeated and intended to cause fear, harm or distress to another person. This aggressive behaviour occurs in a relationship where there is a real or perceived imbalance of power based on factors such as: size, age, intelligence, peer group power, economic status, social status, religion, ethnic origin, sexual orientation, family circumstances, gender, gender identity, gender expression, race, disability, and/or other reasons. Bullying can be physical, verbal, social, and cyber (online).

4. Reporting and Response

You have the right to feel safe at school, in your community and online. Talk to someone you trust, a friend, a teacher, a child and youth worker, a coach, or a guidance counsellor.

Adult intervention stops bullying. Tell someone so they can help stop the harassment. You don't have to deal with this alone! If you can't say how, you feel out loud, write it down, then get it to someone who can help. For more information, including templates for letters, visit:

<https://www.preynet.ca/bullying/teens/i-m-being-bullied-what-can-i-do>

Once the bullying has been reported to the School Principal and/or Vice Principal (P/VP):

If you are the Victim:

- ✓ Share the details of the incident with an adult at school that you trust, remember – all conversations are confidential and dealt with strategically*.
- ✓ It is recommended that parents/guardians/caregivers be part of the solution. In fact, it is a MUST if you are under the age of 16 (unless there is a good reason not to).
- ✓ *If your safety is at risk, the office will respond to keep you or others safe. Please note that keeping you safe may affect confidentiality.
- ✓ Work with a trusted adult to problem solve the solution. Often, the incident being reported will need to be investigated.

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- ✓ Honour the investigation and keep all information confidential from others if possible. Avoid social media and responding to students' questions in class or at lunch.
- ✓ Your Principal/Vice Principal and staff in the building will guide you with how to respond when other students get involved.
- ✓ Keep track of additional information that comes up related to the incident. Report this information to the office right away.
- ✓ Your Principal/Vice Principal cannot help if they do not know!
- ✓ Student Voice must be honoured, and the adults in the school will help you as every situation is unique.

If you are the By-Stander or Supporter:

- ✓ Encourage the victim to report the situation to a trusted adult.
- ✓ Encourage the victim to report the situation to the Principal and/or Vice Principal
- ✓ If anyone's safety is at risk, you report the incident immediately to an adult, P/VP, or the police, depending on the situation.
- ✓ Support the victim by actively listening, attending the school meetings with them, and checking in on them.
- ✓ You want to help them solve the problem. Always honour their confidentiality and the confidentiality of the situation.
- ✓ Avoid social media and responding to other student's questions about the incident.
- ✓ School staff will guide you and the victim by providing what to say when other's get involved.
- ✓ Keep track of additional information related to the incident and encourage the victim to report it to the office right away.

5. Intervention Strategies

- Bullying education and awareness in the classroom and schoolwide
- Socio-emotional learning
- Problem-solving and Conflict Resolution
- We are committed to the 4 H's (History, Harm, Healing and Honour)
- Daily announcements with reminders "be kind or never mind"
- Classroom lessons on collaboration, problem-solving, and community building
- Student-led anti-bullying initiatives
- Talking to students about Words Matter
- All children have identified a trusted adult in the building
- Positive messaging on announcements focused on mental health and well-being.

Helpful Resources

1. Province of Ontario information and resources
 - a. [Bullying – we can all help stop it | ontario.ca](https://www.ontario.ca/page/bullying-we-can-all-help-stop-it)
2. How to Prevent and Deal with Bullying (UNICEF)
 - a. [Bullying: What is it and how to stop it | UNICEF Parenting](https://www.unicef.org/parenting/bullying)
3. Call Kids Help Phone (toll free) at 1-800-668-6868 or text CONNECT to 686868