



# Supporting First Nations, Métis and Inuit Students

## First Nations, Métis and Inuit Student Support Workers

This year, the support provided to students through the Open Minds program will look differently as the year goes on to ensure student health and safety is a priority. Student Support Workers may not be physically present in your school but will be available to support Indigenous students and their families. Please find below a list of ways in which they can support you and your families.

- *Connect with classroom teachers and arrange virtual meetings via Microsoft Teams to support students academically, culturally and their well-being*
- *Provide liaison services between student, families, school staff and community organizations to build and maintain positive relationships that result in improved FNMI student achievement and well-being. (i.e., assisting with student based team meetings)*
- *Provide cultural online programming and through take home packages (Examples can include leadership, crafting & designing, history, storytelling, etc.)*
- *Provide academic supports through virtual meetings with students*
- *Provide before/after-school virtual programming*
- *Facilitate First Nations, Métis and Inuit cultural learning opportunities for Indigenous families and students.*
- *Collaborate with staff to enhance inclusive learning environments for First Nations, Métis and Inuit families and students. (i.e., assist teachers with understanding Indigenous Cultural Learning principles to ensure cultural safety)*
- *Meet with staff members on an on-going basis to develop and monitor individual student learning profiles, which will consider the intellectual, spiritual, physical, and emotional/social well-being of FNMI students. (this may be provided virtually)*

**Adrian Klein**

**First Nations, Métis and Inuit Student Support Worker**

**Adrian.Klein@publicboard.ca**

**(519) 255-3200 ext.10829**

**If your child attends any of the following schools, please contact Adrian Klein.**

WEEKLY	MONTHLY	AS REQUESTED	
<ul style="list-style-type: none"> <li>• Walkerville</li> <li>• King Edward</li> <li>• Prince Edward</li> <li>• Belle River Public School</li> <li>• Forest Glade</li> </ul>	<ul style="list-style-type: none"> <li>• General Amherst</li> <li>• Tecumseh Vista Public School</li> <li>• Hugh Beaton</li> <li>• F.W. Begley</li> <li>• Hetherington</li> <li>• Riverside</li> </ul>	<ul style="list-style-type: none"> <li>• David Suzuki</li> <li>• Eastwood</li> <li>• Parkview</li> <li>• Princess Elizabeth</li> <li>• Amherstburg</li> <li>• Anderdon</li> <li>• Malden Central</li> </ul>	<ul style="list-style-type: none"> <li>• D.M. Eagle</li> <li>• Tecumseh Vista Secondary</li> <li>• A.V. Graham</li> <li>• Belle River Secondary</li> <li>• Centennial Central</li> <li>• Lakeshore Discovery</li> </ul>

## Highlights from last Month with Adrian !

During the first quadmester I connected with many families and students. My calls and virtual visits with students allows me to determine the areas I can support students with their learning. It also has provided me with the types of programming that are of interest to students and families. I will be offering a Virtual session called "Powwow Fitness", these sessions will be open to our students system wide and will be held on Thursdays starting Dec 3rd. Check out the flyer for more details.

The First week of November was Treaty Awareness Week. During the month of November, we will be exploring and learning about the importance treaties and the effects they had and continue to have throughout present day Canada.

## November

Monday	Tuesday	Wednesday	Thursday	Friday
16	17	18	19	20
Prince Edward All Day	Walkerville AM King Edward PM	TVA Elementary AM Belle River PM	Walkerville AM Beaton PM	Riverside AM Forest Glade PM
23	24	25	26	27
Riverside AM Prince Edward PM	Walkerville AM King Edward PM	Belle River All Day	Walkerville AM Hetherington PM	Forest Glade All Day

2:30pm-3:15pm Daily Virtual School Meeting Link <http://bit.ly/virtualAdrian>

## December

	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
Amherst AM Prince Edward PM	Walkerville AM King Edward PM	Belle River DHS AM Belle River PM	Walkerville AM Begley	Amherst AM Forest Glade PM
7	8	8	9	10
Prince Edward All Day	Walkerville AM King Edward PM	Belle River All Day	Walkerville AM King Edward	Forest Glade All Day
13	14	15	16	17
TVA Elementary AM Prince Edward PM	Walkerville AM King Edward PM	Belle River All Day	Walkerville AM Beaton PM	Forest Glade All Day

2:30pm-3:15pm Daily Virtual School Meeting Link <http://bit.ly/virtualAdrian>

## Upcoming Events:

<b>Virtual School Support Daily 2:30-3:15</b>	<b>Individual School Programming</b>
Students that are attending virtually in both cohort C(virtual) and D (Offline) are welcome to join the daily Virtual School Support Teams meeting. During these daily meetings students will have opportunity to check in and access additional support when needed. A reminder will be sent prior to the meetings for schools that are able to join that day. The link to join these sessions has been listed in the calendar	<p>When we "visit" our weekly and monthly schools, we will be offering programming activities for students to engage in during their nutrition breaks. For the next month, I will be focusing on the three activities: 7<sup>TH</sup> Generation Principal, Connection through Art and Connecting through Song and Dance.</p> <p>For virtual and offline students, they can also engage in these activities during the Virtual School Support sessions on the following dates:</p> <p>November 25<sup>th</sup> December 7<sup>th</sup> December 15<sup>th</sup></p>

Brienne John  
First Nations, Métis and Inuit Student Support Worker  
[Brienne.john@publicboard.ca](mailto:Brienne.john@publicboard.ca)  
(519) 255-3200 ext. 40150

If your child attends any of the following schools, please contact Brienne John.

WEEKLY	MONTHLY	AS REQUESTED	
<ul style="list-style-type: none"> <li>Herman Secondary</li> <li>Coronation</li> <li>Ford City</li> </ul>	<ul style="list-style-type: none"> <li>David Maxwell</li> <li>William G. Davis</li> <li>PASS/Agency</li> <li>Kingsville Public School</li> <li>Harrow Public School</li> <li>Herman Elementary</li> <li>Talbot Trail</li> </ul>	<ul style="list-style-type: none"> <li>Kingsville DHS</li> <li>Jack Miner/Pelee Island</li> <li>Essex DHS &amp; Essex Public School</li> <li>Colchester North</li> <li>Gosfield North</li> <li>Leamington DHS</li> <li>East Mersea</li> </ul>	<ul style="list-style-type: none"> <li>Gore Hill</li> <li>MD Bennie</li> <li>Mount Carmel-Blytheswood</li> <li>Queen Elizabeth</li> <li>Western</li> <li>Maryvale</li> <li>Roseville</li> </ul>

## Highlights from last Month with Brienne!

**Treaty Awareness** 4 different classes at Ford City had the opportunity to engage in their own virtual guided paint session with Anishinaabe artist Moses Lunham focused on Treaty awareness. They created a painting that specifically links to our land acknowledgement and will continue to engage in learning/inquiry about treaties leading up to Treaty Awareness week. Throughout the month of November during my "visits" to weekly and monthly schools, students will have the opportunity to join in for a virtual programming session where we will either listen to the story "Dakota Talks about Treaties" or "Alex Shares his Wampum Belt," depending on the age group. From there, we will be able to have a little discussion and we will follow it up with a game (Kahoot quiz.)

**3 Sisters Guided Paint Night with Moses Lunham** It was so exciting to have families from Windsor to Leamington tune in and join us for a guided paint night with Anishinaabe artist Moses Lunham. During his session, he explained the significance of the 3 Sisters, otherwise known as corn, beans, and squash. Students and family members of all different ages painted their own masterpieces representing the 3 Sisters during the event. Yaw^ko/Miigwech to Moses for sharing his gifts with our students and families, we are so grateful!

## November Schedule for Brienne's Schools

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Herman (AM) Ford City (PM)	System (All Day)	Coronation (All day)	System (8:30-3:30PM) Talbot Trail (1PM-2PM)	Herman (AM) Ford City (PM)
9	10	11	12	13
Herman (AM) Ford City (PM)	System (All Day)	Coronation (All day)	Harrow PS (AM) Kingsville PS (PM)	Herman (AM) Ford City (PM)
Daily Virtual Support Meetings: <a href="https://bit.ly/virtualFNMI">https://bit.ly/virtualFNMI</a> Herman meetings: <a href="https://bit.ly/HermanFNMI">https://bit.ly/HermanFNMI</a>				
16	17	18	19	20
Herman (AM) Ford City (PM)	System (All Day)	Coronation (All day)	Maxwell (AM) Herman E. (PM)	Herman (AM) Ford City (PM)
23	24	25	26	27
Herman (AM) Ford City (PM) Giving Thanks: Animals (Word Activity) 2:30-3:30 PM	System (All Day)	Coronation (All day)	Davis (AM) PASS (PM) Office (PM)	Herman (AM) Ford City (PM)

## December Schedule for Brienne's Schools

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
Herman (AM) Ford City (PM) <i>Giving Thanks: Animals (Art Activity) 2:30-3:30 PM</i>	System (All Day)	Coronation (All day)	System (All day) <i>Talbot Trail (1PM-2PM)</i>	Herman (AM) Ford City (PM)
7	8	9	10	11
Herman (AM) Ford City (PM) <i>Giving Thanks: Animals (Movement activity) 2:30-3:30PM</i>	System (All Day)	Coronation (All day)	Harrow PS (AM) Kingsville PS (PM)	Herman (AM) Ford City (PM)
14	15	16	17	18
Herman (AM) Ford City (PM) Baking Longhouse Cookies with Brienne Virtual Event	System (All Day)	Coronation (All day)	Maxwell (AM) Herman E. (PM)	Herman (AM) Ford City (PM)

### Virtual School Support every day from 2:15 PM - 3:30PM!

Students from Cohort C (Virtual) and Cohort D (Offline packages) are welcome to join the daily Virtual School Support Teams meeting where I will offer the opportunity to check in and access additional support. A reminder will be sent prior to the meetings for schools that are able to join that day. Link to join has been listed in the calendar above.

### Weekly Indigenous Book Club

First Nations, Metis, & Inuit Students in grades 6-8 across the schools Brienne is aligned to are welcome to join in for a weekly book club on Wednesdays from 1 PM – 1:45 PM where we will be reading books from Indigenous authors, exploring the topics within the books, and following up with reflections and discussions.

#### Link to join:

<http://bit.ly/FNMIbookclub>

### Baking Longhouse Cookies with Brienne (Virtual



#### Event)

**December 14<sup>th</sup> 4:30-5:30 PM**

*Open to students and families within the Herman, Kingsville, Leamington, and Essex Family of Schools*  
Colder weather calls for staying in and baking treats with loved ones! Join us for a virtual session where Brienne will walk you through the steps of making longhouse cookies to kick off your holiday break. Registration is required.

#### Registration:

<http://bit.ly/gecdsbcookiesreg>

Link to the event: <http://bit.ly/gecdsbcookies>

### Individual School Programming

When we “visit” our weekly and monthly schools, we will be offering programming activities for students to engage in during their nutrition breaks. For the next month, I will be focusing on activities related to animals and giving thanks.

For virtual and offline students, they can also engage in these activities during the Virtual School Support sessions on the following dates:

- November 23<sup>rd</sup>
- November 30<sup>th</sup>
- December 7<sup>th</sup>

Please contact [brienne.john@publicboard.ca](mailto:brienne.john@publicboard.ca) for more information and to ensure you have any materials required to engage in the programming prior to attending.

Tyler White  
First Nations, Métis and Inuit Student Support Worker  
[Tyler.white@publicboard.ca](mailto:Tyler.white@publicboard.ca)  
(519) 255-3200 ext. 40152

If your child attends any one of the following schools, please contact Tyler White.

WEEKLY	MONTHLY	AS REQUESTED	
<ul style="list-style-type: none"> <li>Marlborough Public School</li> <li>West Gate Public School</li> <li>Kennedy Collegiate Institute</li> <li>Queen Victoria Public School</li> <li>John Campbell Public School</li> </ul>	<ul style="list-style-type: none"> <li>Lasalle Public School</li> <li>Northwood Public School</li> <li>Westview Freedom Academy</li> <li>Vincent Massey Secondary School</li> <li>McWilliam Public School</li> <li>Sandwich Secondary</li> </ul>	<ul style="list-style-type: none"> <li>General Brock</li> <li>Dougall Public School</li> <li>Roseland Public School</li> <li>Glenwood Public School</li> <li>Sandwich West Public School</li> </ul>	<ul style="list-style-type: none"> <li>Prince Andrew Public School</li> <li>Bellewood Public School</li> <li>Giles Campus</li> <li>Central Public School</li> <li>Southwood Public School</li> </ul>

## Highlights from last Month with Tyler!

Throughout the past 2 months, I have been trying to reach as many students as possible whether they are in school, virtual or working on paper packages. I have been gathering information on how to help with their learning and how to create opportunities based on what the students would like to see. So, keep an eye out for additional opportunities in November and December, including the Indigenous Music Virtual Event with Cedric Isaac. That will take place on December 7th from 3:30pm-4:15pm for the Kennedy, Massey, Westview and Sandwich Secondary families of schools. I hope everyone continues to do the best they can in these different and sometimes difficult times! Stay Happy and Stay Safe!

Throughout the month of November, there will be different opportunities in my weekly schools for treaty awareness. We will have different opportunities to read stories and participate in activities and challenge ourselves to help bring awareness as to why treaties are important.

## November

Monday	Tuesday	Wednesday	Thursday	Friday
9 <b>West Gate (All DAY)</b> Virtual School (2:30-3:15)	10 <b>Kennedy (AM)</b> <b>Campbell (PM)</b> Virtual School (2:30-3:15)	11 <b>Marlborough (All Day)</b> Virtual School (2:30-3:15)	12 <b>Kennedy (AM)</b> <b>Lasalle (PM)</b> Virtual School (2:30-3:15)	13 <b>Queen Victoria (All DAY)</b> Virtual School (2:30-3:15)
16 <b>West Gate (All DAY)</b> Virtual School (2:30-3:15)	17 <b>Kennedy (AM)</b> <b>Campbell (PM)</b> Virtual School (2:30-3:15)	18 <b>Marlborough (All Day)</b> Virtual School (2:30-3:15)	19 <b>Massey (AM)</b> <b>McWilliam (PM)</b> Virtual School (2:30-3:15)	20 <b>Massey (AM)</b> <b>Queen Victoria (PM)</b> Virtual School (2:30-3:15)
23 <b>Sandwich Secondary (AM)</b> <b>West Gate (PM)</b> Virtual School (2:30-3:15)	24 <b>Kennedy (AM)</b> <b>Campbell (PM)</b> Virtual School (2:30-3:15)	25 <b>Sandwich Secondary (AM)</b> <b>Marlborough (PM)</b> Virtual School (2:30-3:15)	26 <b>Kennedy (AM)</b> Northwood (AM) Virtual School (2:30-3:15)	27 <b>Queen Victoria (All Day)</b> Virtual School (2:30-3:15)

Support to Virtual School Students will be provided from **2:30pm-3:15pm** daily Monday to Friday unless otherwise communicated.

Virtual School Meeting Link <http://bit.ly/virtualTyler>



## December

Monday	Tuesday	Wednesday	Thursday	Friday
30 Westview (AM) West Gate (PM) Virtual School (2:30-3:15)	1 Kennedy (AM) Campbell (PM) Virtual School (2:30-3:15)	2 Marlborough (All day) Virtual School (2:30-3:15)	3 Kennedy (AM) Lasalle (PM) Virtual School (2:30-3:15)	4 Queen Victoria (All Day) Virtual School (2:30-3:15)
7 West Gate (All Day) Virtual School (2:30-3:15)	8 Kennedy (AM) Campbell (PM) Virtual School (2:30-3:15)	9 Marlborough (PM) Virtual School (2:30-3:15)	10 Kennedy (AM) McWilliam (PM) Virtual School (2:30-3:15)	11 Queen Victoria (All Day) Virtual School (2:30-3:15)
14 Sandwich Secondary (AM) West Gate (PM) Virtual School (2:30-3:15)	15 Kennedy (AM) Campbell (PM) Virtual School (2:30-3:15)	16 Sandwich Secondary (AM) Marlborough (PM) Virtual School (2:30-3:15)	17 Kennedy (AM) Northwood (PM) Virtual School (2:30-3:15)	18 Queen Victoria (AM) McWilliam (PM) Virtual School (2:30-3:15)

Support to Virtual School Students will be provided from **2:30pm-3:15pm** daily Monday to Friday unless otherwise communicated. **Virtual School Meeting Link** <http://bit.ly/virtualTyler>

### Upcoming Events

<p><b>Virtual School Support every day from 2:15 PM - 3:30PM!</b></p> <p>Students from Cohort C (Virtual) and Cohort D (Offline packages) are welcome to join the daily Virtual School Support Teams meeting where I will offer the opportunity to check in and access additional support. A reminder will be sent prior to the meetings for schools that are able to join that day. Link to join has been listed in the calendar.</p>	<p><b>Upcoming Song and Dance Session with Cedric Isaac</b></p> <p>Cedric Isaac, from Bkejwanong Territory will be sharing and talking about different Indigenous Music. He will also be sharing a few songs</p> <p>This will be happening on Monday December 7<sup>th</sup> from 3:30-4:15</p> <p>Here is the link to Register: <a href="http://bit.ly/CedricIsaac">http://bit.ly/CedricIsaac</a></p>	<p><b>Individual School Programming</b></p> <p>When we “visit” our weekly and monthly schools, we will be offering programming activities for students to engage in during their nutrition breaks. For the next month, I will be focusing on three activities that will focus on Writing, Art and Movement.</p> <p>For virtual and offline students, they can also engage in these activities during the Virtual School Support sessions on the following dates:</p> <ul style="list-style-type: none"> <li>• November 25<sup>th</sup></li> <li>• December 2<sup>nd</sup></li> <li>• December 9<sup>th</sup></li> </ul> <p><i>Please contact <a href="mailto:tyler.white@publicboard.ca">tyler.white@publicboard.ca</a> for more information and to ensure you have any materials required to engage in the programming prior to attending.</i></p>
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# Building Awareness

The focus for teacher and student learning was Treaty Education! Please see below details regarding what was offered to teachers.

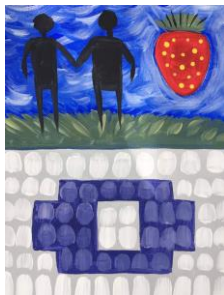
**Resource Link:** All educators were provided a resource link to appropriately address the very important topic of. You can view this collection of resources at the following link.

<https://sway.office.com/nSMIG1GosCfGHNqU?ref=Link&loc=play>

This included a set of pedagogical considerations for Treaty Education. <http://bit.ly/treatyguidelines>

## Treaty Inquiry with Artist Moses Lunham

- During October 27<sup>th</sup>, 28<sup>th</sup>, 29<sup>th</sup> registered classes joined a live event, where artist Moses Lunham will facilitate a 90 minute(maximum) art lesson with students guiding them to paint a pre-selected art painting.
- The design the students painted was carefully chosen depending on the division level (primary, junior/intermediate & secondary).



- The student painting served as the provocation for classroom learning during Treaties Recognition Week.
- Students used the painting (provocation) to formulate questions that will guide their learning about treaties.
- Participating classes will be invited to a Microsoft Team entitled "Treaty Inquiry" where they shared with others their learning journey.

Classrooms also had the opportunity to engage in follow up sessions with Indigenous Artist Moses Lunham and other Indigenous Knowledge keepers to provide students an opportunity to find the answers to their inquiry questions from authentic sources. We welcomed Lampton Kent District School Board to participate as well and in return they provided these videos for teachers to use to build their own understanding of the importance of treaties, and also to share with their students.

Dallas Sinopole's introduction: <https://youtu.be/M2TrzVMHxm0>

In this video Dallas talks about the wampum beads that the belts are made of: <https://youtu.be/bX62ZWxXfRc>

This video tells of the Dish with One Spoon Treaty: <https://youtu.be/l8bJxNhc1kQ>

This Video tells of the Two Row Wampum: <https://youtu.be/qUOuNFtNhbc>

This Video Tells of the Treaty of Niagara: <https://youtu.be/gCxiBTRxF8k>

This Video tells of the story of The Drum, and how treaties are not always recorded through wampum or pen and paper: <https://www.youtube.com/watch?v=HasqSBtHL4Y>

This video tells how the game of lacrosse is also viewed as a way to keep peace, much like a treaty: <https://youtu.be/CCiOkllHGyo>

In this video Dallas talks about how everyone living in Canada is a treaty person and has rights and responsibilities that come along with these treaties: <https://youtu.be/hbdpcw5fgAg>

In this video Dallas talks about treaty rights today: <https://youtu.be/rGdO4iblp8w>

## Student and Teacher Learning Sessions

From October 26<sup>th</sup> -October 29<sup>th</sup>, teachers were encouraged to participate in several webinars to increase their own learning and understanding of Treaties.

During Treaties Recognition week, teachers were encouraged to take part in several live sessions with their students. **You can access both the teacher and student recorded sessions at** <http://fnmieao.com/events/>

If you have any questions and/or comments regarding these resources/sessions or would like to assist with building awareness for our educators, please contact:

Tina DeCastro [tina.decastro@publicboard.ca](mailto:tina.decastro@publicboard.ca)

# Language Classes

## Virtual Language Classes

### ONEIDA Language Classes

Tuesday Evenings

4:30pm-5:30pm

It is important that you register in advance to ensure any materials required for the classes can be sent to families in advance. <http://bit.ly/oneidaregister>

**Microsoft Teams** – Please go to the following link to join. <http://bit.ly/gecdsboneida>

If you have any questions, please contact [StoneHorse.Moore@publicboard.ca](mailto:StoneHorse.Moore@publicboard.ca)

### OJIBWE Language Classses

Tuesday And Wednesday Evenings

4:30pm-5:30pm

It is important that you register in advance to ensure any materials required for the classes can be sent to families in advance. <http://bit.ly/ojibweregister>

**Microsoft Teams** – Please go to the following link to join. <http://bit.ly/gecdsbOjibwe>

If you have any questions, please contact [esbikenh@gmail.com](mailto:esbikenh@gmail.com)

Please note that classes will not run if it is not a scheduled school day. (For example; Holidays)

## Engagement: Would you like to be more involved?

## Students...

### OPEN MINDS Student Council

Applications are now being accepted for the Open Minds Student Council 2020-2021. We are looking for First Nations, Métis, & Inuit full-time students between grade 9-12 who are responsible, reliable, and willing to dedicate time each month for the Open Minds Student Council. Being on this council is an opportunity to create change and opportunities for all Indigenous students across the Greater Essex County District School Board. It is important for us to have as many voices and perspectives sitting on this council as possible.

If you are interested and are willing to commit yourself to this, please follow the link below and complete the application: <http://bit.ly/openminds2020> If you have any questions, please contact Brienne John.

### Getting Active

We know that during these times, students are expected to do so much virtually and there are less opportunities to be active than there would be in a regular school year. The Open Minds team, in collaboration with the University of Windsor, would like to start offering programming focused on health, fitness, and physical activity. We need your voice to help us determine what kinds of physical activities and health programming you would like to see!

Please complete the following survey to ensure your opinion and voice is included in our planning.

<http://bit.ly/openmindsfitness>



# Parents/Guardians...

## Indigenous Education Advisory Council

**This is an open invitation for all First Nations, Métis and Inuit Parents/Guardians**

**Meeting Date:** Thursday, Nov.19<sup>th</sup>

**Location:** Microsoft Teams Meeting

**Time:** 4:30pm—5:45pm

Please register by completing the following online form.

<http://bit.ly/gecdsbIEAC1>

## Upcoming Events/ Building Community

THE GECDSB OPEN MINDS  
PROGRAM PRESENTS

**VIRTUAL  
SOCIAL SERIES**

WHEN: NOVEMBER 26TH, 2020, 7-8:30 PM VIA MICROSOFT TEAMS

PRESENTED BY BEENDIGAYGIZHIG  
DELEARY AND FRIENDS

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Beendigaygizhig Deleary will be sharing his knowledge about Round Dance, including how the Round Dance originated as well as what happens during a round dance. He will then be joined by a few members of Bkejwanong Territory to sing a few Round Dance songs! This is a great opportunity to learn as well as dance along from home!

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Registration: <http://bit.ly/gecdsbrounddancereg>  
Link to event: <http://bit.ly/gecdsb-socialseries>



THE GECDSB OPEN MINDS PROGRAM PRESENTS

# **VIRTUAL POWWOW FITNESS**

**OFFERED BY ADRIAN KLEIN & GUESTS  
EVERY THURSDAY EVENING  
4:30 PM - 5:30 PM  
DECEMBER 3RD - JANUARY 21ST (6  
SESSIONS, SESSIONS WILL ONLY RUN  
ON SCHEDULED SCHOOL DAYS)**



Students will have the opportunity to hear the origin stories of different dance styles that you would find at a Powwow. They will also learn some of movements and steps associated with these dance styles. We will use the movements to create basic routines to practice and build on our dancing skills. We hope that you can join us for these fun learning sessions!

Please register in advance using the following link:  
<http://bit.ly/powwowfitnessreg>



**For regular updates and information please join the  
GECDSB Open Minds Program on facebook.**

If you would like to receive electronic copies of this newsletter or other communications from the Open Minds Program please let us know by signing up to our electronic mailing list.

<http://bit.ly/FNMlelectronicmail>