# The Southwood Source

#### FROM THE DESK OF THE PRINCIPAL AND VICE PRINCIPAL

#### Dear Southwood Families,

January has been a very exciting time for the students and staff at Southwood! The new year started with great success as our Sabres worked toward achieving their well-being and resiliency goals. As we walk the hallways and visit classrooms, we see our students show belonging by working together, show resiliency through their commitment to completing and following through on challenging tasks, and show kindness through encouraging words. We are so proud to be a part of this amazing school community!

We would like to thank Ms. Carosella and the primary teachers for their hard work organizing our Mid-Winter Assembly! We are also so proud of our courageous students in grades 1-3 who practised very hard and sang their hearts out to bring joy to our school community during the beautiful assembly! We appreciate Yiming in Mrs. Landry's class for sharing her culture and musical talents during the assembly as she played her beautiful Chinese string instrument - the Konghou! We are also grateful for Joseph Quach and Aaron Dugan for helping us welcome the Lunar New Year with their exciting Chinese Lion Dance performance. After 2 long years, it was fantastic to welcome families to our school assembly.

Congratulations to all Caribou participants on the January contest. As always, we had some outstanding individual results. Jianing W. finished first overall, out of 9400 participants, in the Grade 3/4 test. Rain S. finished first overall on the Grade 5/6 test, out of 12 300 participants. Congratulations to these friends on their remarkable achievements! We also want to congratulate Jaiveer D., Doreen L., Ray T., and Ming Lan T. who finished in the top 10% of their contests. The next contest is February 15/16. All participants are reminded to check our Edsby Caribou page for details.

We would like to congratulate Mr. Lucier on a happy retirement! We thank him for his 28 years of teaching service. He has impacted so many lives and will be missed by the students, families, and staff at Southwood! We wish him all the best as he begins this new chapter in his life! Once a Sabre, always a Sabre!

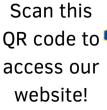
We would also like to welcome new staff to our Southwood School community. Please join us in welcoming Miss Worrall grade 7 teacher and Mrs. Crosswell & Ms. Thompson, Educational Assistants in Early Years. Both phenomenal educators will be with us for the remainder of the school year. Finally, we wish Mrs. Lowes a speedy recovery from her surgery and we welcome back Mrs. DeHetre as our Acting Principal.

We encourage you to access your Edsby account, follow us on Twitter, and/or visit our school website regularly for information updates. As always, please feel free to email, message on Edsby, or call the school if you have questions, concerns, suggestions, or compliments! Your Partners in Education,

Mrs. DeHetre Acting Principal Mrs. Dugan Vice Principal

## School Bell Times

Supervision Begins - 8:00 AM Instructional Time Begins- 8:15AM 1st Nutrition Break - 9:55 to 10:35 2nd Nutrition Break - 12:15 to 12:55 Dismissal: 2:35PM





# Promoting Spirit, Strength, Success and Kindness!



IF YOUR CHILD IS ABSEN OR LATE PLEASE SUBMIT ABSENCE ON EDSBY OR CALL: 519-969-3470.

### Southwood Staff

2022-2023 JK/SK- C. Dielebian ECE - C. Woschenski/G. Dhaliwal JK/SK - S. Tessier ECE - A. Meloche JK/SK - A. Barraco Grade I - C. Coulter Grade I/2 - A. Mamo Grade 2 - S. Forget Grade 2/3 - D. Hunt-Robinson Grade 3 - H. El-Khachen Grade 3/4 - M. Pfaff Grade 4 - S. Black & A. Carosella Grade 4/5 - M. Dragicevic Grade 5 - T. Mio Grade 6 - J. Dunlop Grade 6 - K. Trudell Grade 7 - A. Worrall Grade 7/8 - L. Landry Grade 8 - D. Chisholm Grade 8 - M. Cichon **RISE/PREP - K. Camlis-Leroux** LST - D. Edgar GAINS I - A. McKane GAINS 2 - A. Gerardi/J. Tait GAINS 3 - S. Lysay Library/Prep coverage - V. MacDonald French- J. Meszaros French - T. Laurendeau DSW - D. Branch DSW - T. Mickle EA - A. Carter EA - A. Renaud EA - L. Murray EA - K. Entwistle EA - M. Meiia EA - F. Sami EA - J. Crosswell EA - M. Thompson EA - T. Marentette CYW - J. Glover Custodian - M. Merucci Custodian - M. Roy Secretary - J. Millar Clerk - C. Holley-Lord Vice Principal - T. Dugan Principal -M. Lowes/K. DeHetre





A Child who is RESILIENT · adapts positively despite setbacks · perseveres in the face of challenges









#### Southwood Public School's Character Pillar is Resiliency! **10 TIPS for Building Resilience in Children and Teens!**

- 1. Make connections Connecting with others provides social support and strengthens resilience.
- 2. Help others Children who may feel helpless can feel empowered by helping others!
- 3. Maintain a daily routine Sticking to a routine can be comforting for those who crave structure in their lives.
- 4. Take a break Build in unstructured time to allow students to be creative.
- 5. **Teach self-care** Caring for oneself and having fun will help children stay balanced and better deal with stressful times.
- 6. Move toward your goals Teach your child to set reasonable goals and help them move toward them one step at a time.
- 7. Nurture a positive self-view Help your child remember ways they have successfully handled hardships in the past and help them understand that their past challenges help them build strength.
- 8. Keep things in perspective and maintain a hopeful outlook An optimistic and positive outlook can enable children to see the good things in life and keep going even in the hardest times.
- 9. Look for opportunities for self-discovery Tough times are often when children learn the most about themselves. Help your child take a look at how whatever they're facing can teach them "what am I made of."
- 10. Accept change Change often can be scary for children and teens. Help your child see that change is part of life and new goals can replace goals that have become unattainable

# **School Advisory Council**

School Advisory Council continues to welcome parents/guardians to join Southwood School's School Advisory Council. New SAC members are welcome to attend. Our next SAC Meeting is

#### Wednesday, February 15th at 6:00pm

in the school library.

SCHOOL ADVISORY COUNCILS HAVE THREE MAIN GOALS:





Strengthen Family Engagement

# We need your help!

- We are looking for: Snack program volunteers
  - Bingo volunteers

## Attendance

The school must follow a very strict protocol as established in the Ontario Safe Schools Act 2000, that requires us to attempt to make contact with parents/guardians of absent students.

Please remember to enter your child's absence in Edsby or call the office to advise us of your child's absence.

Alternatively, parents/guardians can also leave a note in their child's agenda the day before an absence. By working together, we ensure the safety of our children.



Please ensure that the school has at least 2 emergency contacts for your child. If your information needs to be updated, please contact the office at (519) 969-3470.



#### SNOW AND ICE

To keep everyone safe we must insist that snow and ice stay on the ground. Please partner with us to ensure everyone's safety by reviewing with your child that at school snow is to be shared by all and that it stays on the ground to keep ourselves and other students safe and free from injury. Thank you for your support!



FEBRUARY 2023



Kindergarten Registration begins February 21st!

Kindergarten Open House is February 23 from 5-7pm at Southwood!



SCAN TO REGISTER @PUBLICBOARD.CA

> I registered for Kindergarten at the **GECDSB!**



Building Tomorraw Together #GECDSBProud publicboard.ca/register



We learn, we laugh, we have fun. I get to show my school spirit every day!

Southwood Public School



## **Report Card and Interview Information**

Report cards and IEPs for Term 1 will be going home on **Monday, February 13th.** These reports represent learning from September until the beginning of February. This report, unlike the progress report, will provide you with more detail on how your child is progressing at school. Please review the report with your child and acknowledge the suggestions that are made for improvement. Parent/Guardian - Teacher Interviews will be held on **Thursday, February 16th from 4:00pm to** 

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Click the message and then click Book Parent-Teacher Interview.



To book an appointment, click on any available slot. Click Done to complete the process.

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3:00pm UTC-4	remove booking						
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3:30pm UTC-4		Parent-Teacher	Interview Sch	remove booking			
3:45pm UTC-4	change	If you would like to change the schedule, click the Make Changes button.				change	
4:00pm UTC-4	change	Friday, October 26, 2018				change	
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		4:00pm UTC-4	Mt.Ore French,GR7,E				
		4:15pm UTC-4	Ms. Dawson	Science Technol	e and logy_GR7_E		

Edsby provides parents/guardians with the ability to book their own teacher conferences through your computer or mobile device. You can also log in by navigating to publicboard.edsby.com. There will be a new Parent-Teacher Interview booking form in your Message area (see below).

Parents/Guardians will be able to book an in-person interview beginning on February 13th using Edsby. If you do not have an Edsby account, you can call the office at (519)969-3470.



### Student Transportation, Inclement Weather & Driver Absence

For the current school year (2023-23), if student transportation is cancelled schools will be **open** unless otherwise notified by the school board. Students participating in in-person learning should report to school.

In the event of a bus driver absence, the operator will make every effort to replace drivers. This may result in some busses running late. Information related to bussing delays will be posted on the main page at **www.buskids.ca**. If the operator is unable to fill a vacancy, the applicable bus route will be cancelled. Cancellations will also be posted at **www.buskids.ca**. Parents and caregivers who created an account with Windsor-Essex Student Transportation Services will receive an email and a notification on the Buskids app notifying them of a bus cancellation. Parents and caregivers should be reminded to check www.buskids.ca an/or their email every morning before sending their child to the bus pick-up point.

#### **DRESS FOR THE WEATHER!**

Outdoor play is valuable and fresh air is healthy. Our students have two opportunities daily to be outside (recess and lunch) as well as times planned by teachers throughout the week. We believe in outdoor play and education and encourage students to enjoy their environment. Please have your children dress for the winter weather. Students stay indoors when the temperature is -20C with the wind chill.

#### DRESSING FOR COLD WEATHER adding layers will help keep you warm as the temperature drops COLD EXTREME COLD CHILLY warm hat warm hat face mask 2-3 layer outer layer uter laye outer layer gloves out wind wet snow out wind boots veather.gov/safety



## Allergy Aware School & Scent-Free Environment



Within our school community there are several students who have potentially life-threatening allergies (anaphylaxis) to foods. Food allergies are predominately to peanuts and/or nuts, but may also include sesame seeds, eggs, egg by-products, fish, and berries. Parents/Guardians are asked to **please check the ingredients of all the foods your children bring to school** (snacks and lunches), and avoid sending peanut butter or products with peanuts or nuts listed in the ingredients. We feel the best way to reduce the risk of accidental exposure to these students is to respectfully ask for the co-operation of the parents/guardians within this school community to NOT send in any food for special events, birthdays, etc. The only food that should be coming to school should be for your child's own personal consumption. Thank-you for your assistance in keeping all of our students safe! We appreciate your co-operation and understanding. For more information regarding these types of allergies, please visit <u>www.anaphylaxis.ca</u>.

We would also like to remind our community that we are a scent-free environment to protect our students and staff who have allergies and sensitivities to the chemicals contained in products with fragrances. Please help us maintain a safe environment to make our school a comfortable learning environment for all members in our community.





# Southwood Spirit Squad Presents.... THE FEBRUARY FOOD DRIVE!

Please consider donating boxed or canned food that will make a meal.



For example: Kraft Dinner and Tuna Pasta Sauce and noodles Soup and crackers Pancake mix and syrup

All items will be donated locally to: **St. Mary's Food Cupboard** 



Our Sabre Community wants to remind everyone that we continue to focus on developing positive habits for ourselves AND the planet.

Our Boomerang Lunch Program fosters healthy eating, the elimination of single use plastic and the reduction of waste. Remember that what comes to school in your lunch, returns home each day. Look for a green Eco Stars in your classrooms when there is no lunch waste in the garbage.



In support of Climate Action, we turned down the temperature at school and put on our warm sweaters! Way to go Sabres!



Single-use Plastic Reduction in the GECDSB



Last out? LIGHTS OUT!

Southwood Sabres are energy savers! We always Remember to turn out the lights when we are the last one to leave a room.





# Kiss and Ride/Pick up & Drop off Safety Routines

The health and safety of our school community is our first priority. With that in mind, we would like to remind families about the safest and most efficient practices for our Kiss N Ride drop off and pick up each day:

1. Ensure your child(ren) can access the passenger side exit of your vehicle, as well as their backpack and any items they are bringing with them to school.

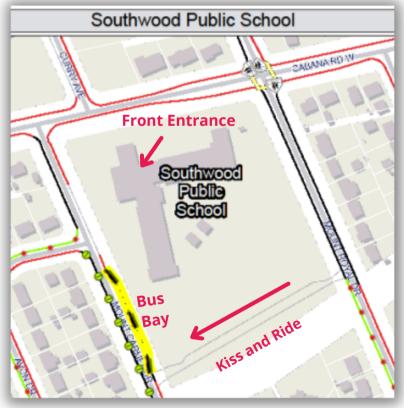
- 2. Adults should always remain in their vehicle.
- 3. Students only exit/enter vehicles in the yellow loading zones.

Thank you for your assistance with ensuring the safe and efficient use of our Kiss N Ride each day.

To further assist with limiting traffic, decreasing our ecological footprint and promoting physical activity and positive social skills, we would like to organize community walking groups, The Southwood Walk and Rollers! If your family is interested in participating, please contact Mr. Edgar via Edsby. Thank you for your continued support in making the Southwood Community a great place for everyone.

#### Supervision does not start until

8:00am. Students will not be permitted on the yard prior to 8:00am and should not be gathering at the gate before 8:00am. We encourage students to come closer to 8:10am if possible. To avoid congestion we remind our Sabres to use their designated entrance when coming to school. We thank our parents/guardians for waiting at the gate when they are walking students to and from school.



Thank you for your patience and co-operation during this time as we continue to work together to make school a safe place for everyone!

# SOUTHWOOD SUPPORT ABRE SOUTHWOOD **PUBLIC SCHOOL**

by using

# **FlipGive**

# to shop online!

Download the FlipGive App; visit flipgive.com/join or use the QR code to sign up and start supporting Southwood Public School today!

Enter Team Code:

47RX7K

Brought to you by: Southwood School Advisory Council

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SHOPPING

CALENDAR

SALE

BUY-

FEBRUARY 2023				Follow us on Twitter @SPSSabres				
SOUTHWOOD SABRES	Fe	ebru	Jarv	202	23	_		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		Happy Retirement Mr. Lucier!	Boys @Bellewood 3:00 start	Girls @Bellewood 3:00 start Pizza Day	3	4		
5	Girls vs Westgate @home 3:30 start	7	Girls @ Glenwood 3:00 start	9	10	11		
	Boys @Westgate 3:30 start		@home 3:30 start	🤨 Pizza Day				
Pizza orders due on Monday the 13th Floor hockey vs Herman @ 3:00	Girls vs Roseland @home 3:15 start	Girls @ Northwood 4:00 start Boys vs Northwood @home 4:00 start	15 MEETING School Advisory Council Meeting in library @ 6:00pm	Parent-Teacher Interviews 4:00 - 7:00pm Pizza Day	<ul> <li>PA Day - No school for students</li> </ul>	18		
19	20 Family Day - No school	Girls @Talbot Trail 4:00 start Kindergarten registration begins	22 Pink Shirt Day! Wear a pink shirt - Stand up to bullying!	Kindergarten open house 5:00 to 7:00	24	25		
26	27	28 Harvest Fresh larvest lunch - <sup>resh</sup> Remember to pre-order online	1					
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Every February, people across Canada participate in Black History Month events and festivities that honour the legacy of Black people in Canada and their communities. In 1995, Canada's government officially recognized February as Black History Month. Black History Month is a time to celebrate and remember all the ways that Black Canadians have contributed to Canada's history and culture.

The 2023 theme for Black History Month is: "Ours to tell". This theme represents both an opportunity to engage in open dialogue and a commitment to learning more about the stories Black communities in Canada have to tell about their histories, successes, sacrifices and triumphs.

No matter where you live, we invite all Canadians to learn more about these communities, and how they continue to help shape Canadian history. Please take time throughout the month to ask your child what they are learning about Canadian Black History.

**FEBRUARY 2023** 

SOUTHWOOD SABRES

Girls Basketball Coaches: Coach Chisholm, Coach Landry, Coach Barracco Follow us on Twitter @SPSSabres



Boys Basketball Coaches: Coach MacDonald, Coach Camlis-Leroux, Coach Dugan, Coach Kopti



# Floor Hockey: Coach Trudell &

Coach Renaud



#### MID-WINTER ASSEMBLY!

Thank you Mrs. Holley-Lord for the Medieval times lesson! Our Grade 4s loved it!





Chess Club: Coach Cichon

JI PO



