

# The Southwood Source



IF YOUR CHILD IS ABSENT OR LATE PLEASE SUBMIT ABSENCE ON EDSBY OR CALL: 519-969-3470.

## Southwood Staff

### 2023-2024

- JK/SK (EYA)- C. Djelebian
- ECE - C. Woschenski
- JK/SK (EYB)- S. Tessier
- ECE - A. Dinham
- Grade 1 (IA)- A. Mamo
- Grade 1/2 (1/2A)- C. Coulter
- Grade 2 (2A) - S. Forget
- Grade 3 (3B)- Z. Hamadani
- Grade 3/4 (3/4A) - M. Pfaff
- Grade 4 (4A) - J. Piescic
- Grade 5 (5A) - M. Dragicevic
- Grade 5 (5B) - A. Noble
- Grade 6 (6A) - K. Trudell
- Grade 6 (6B)- J. Scherer
- Grade 7 (7A) - J. Dunlop
- Grade 7 (7B) - M. Cichon
- Grade 8 (8A) - D. Chisholm
- Grade 8 (8B) - N. Fitzsimmons
- LST - D. Edgar
- Library/LST - V. MacDonald
- GAINS A - A. McKane
- GAINS B - A. Bonadonna
- GAINS C - S. Lysay
- French - T. Laurendeau
- French- S. Ruffolo
- Primary Prep - S. Drouillard
- Gains Prep - S. Curley
- ESL Itinerant - B. Beneteau
- DSW - D. Branch
- DSW - A. Quinn
- DSW - T. Mickle
- EA - A. Renaud
- EA - A. Parent
- EA - A. Kaur
- EA - F. Sami
- EA - B. Davidson
- EA - J. Paquette
- CYW - J. Glover
- Day Custodian - J. Pomponio
- Afternoon Custodian - G. McMullen
- Afternoon Custodian - M. Roy
- Clerk - C. Holley-Lord
- Secretary - J. Millar
- Vice Principal - T. Dugan
- Principal - M. Lowes

### FROM THE DESK OF THE PRINCIPAL AND VICE PRINCIPAL ...

Dear Southwood Families,

It is hard to believe that the month of September has come and gone! We are so pleased with the way the school is looking and the respect students are showing for following safety rules, keeping up with their school work, and being kind! Thank you to all of our parents and guardians for supporting us with these school initiatives.

The month of September was full of excitement and learning for our students. Our youngest learners in Kindergarten had a smooth and successful transition to school. They are learning how to be kind, help one another, keep their classroom tidy, and have a great time in our Sabre Kindergarten classrooms.

Our school enjoyed a beautiful day outside running/walking to raise funds for cancer research during our Terry Fox Walk, Run, or Roll event. We thank everyone who participated in and supported this very important cause. We are very grateful for your generosity.

We would like to welcome Mr. Fitzsimmons, grade 8 teacher; Ms. Drouillard, primary prep teacher, and Ms. Curley, Gains prep teacher, and Mr. Paquette, EA in Gains to our Sabre family. We are thrilled that our Sabre family has grown to include these amazing educators.

On September 29th, Southwood observed **National Truth and Reconciliation Day**. Many staff and students wore orange shirts and learned meaningful lessons about residential schools and their effect on Indigenous children and families.

October is a time to give thanks. We will take time on October 9th to remain at home with friends and family as a reminder of all we are thankful for. Many educators will be involved in activities with our students sharing gratitude for all we have at Southwood School. We feel very fortunate to be at such a welcoming and inclusive school, with wonderful educators, students and families.

Please contact us at the school (519) 969-3470 with any questions or concerns.

Mrs. Lowes  
Principal

Mrs. Dugan  
Vice Principal

### School Bell Times

Supervision Begins - 8:00 AM

Instructional Time Begins- 8:15AM

1st Nutrition Break - 9:55 to 10:35

2nd Nutrition Break - 12:15 to 12:55

Dismissal: 2:35PM

Scan this QR code to access our website!



## Promoting Spirit, Strength, Success and Kindness!



## Ontario Student Nutrition Program

The Ontario Student Nutrition Program helps to provide our students with access to nutritious snacks in schools so that they are engaged in their learning, experience a sense of belonging at school, and develop healthy eating habits. We are grateful to PC Children's Charity and OSNP for funding our snack program this year!

Fresh fruit, vegetables, grain products (crackers, Melba toast), and dairy products (yogurt, cheese) snacks will be available for all students on Mondays, Wednesdays, and Fridays.

Thank you to our volunteers, Mr. Wang, Ms. Leveque, Mrs. Forget, and Mrs. Bonadonna for preparing our snack bins. We appreciate you coming to school early to help prepare our snack bins. A special thanks to our GAINS 1 class for delivering and picking up our snack bins! Without everyone's support, this program would not be able to run!



## Boomerang Lunches

Single-use plastics (SUPs) are items that are only meant to be used once before being thrown away. Some SUPs can take up to 500 years to decompose, which is why we're working hard to remove them from our schools.



At Southwood Public School, we have "Boomerang Lunches". Everything you bring in your lunch that is not eaten returns home. No garbage or recycling is left at school! Use your re-usable containers to help the Earth!

For more info click here to view our [Sabre Boomerang Lunch Video!](#)

## Attendance and Updated Information

We ask all parents/guardians to please report on Edsby or call the school (519) 969-3470 to inform us of your child's absence.

We also ask all parents/guardians to please keep the school up to date on your contact information such as your address, telephone number, and emergency contacts' information.



## New Canadians' Centre of Excellence Inc.

### SETTLEMENT WORKERS IN SCHOOLS (SWIS) at Southwood Public School

- \*Assisting families with school and community services
- \*Providing referrals to educational and government resources
- \*Confidential and culturally appropriate communication
- \*Fostering parent engagement and student success

#### Southwood SWIS:

Mandarin Speaking SWIS:  
Ms. Tina Chen  
(Thursdays)

Arabic Speaking SWIS  
Ms. Roba Alirmkani  
(Fridays)

For additional information on NCCE Inc. programs and services, please contact: NCCE Inc. Main office 519-258-4076 ext. 1402



## Allergy Aware School & Scent-Free Environment



Within our school community there are several students who have potentially life-threatening allergies (anaphylaxis) to foods. Food allergies are predominately to peanuts and/or nuts, but may also include eggs, egg by-products, fish, and berries. Parents/Guardians are asked to please check the ingredients of all the foods your children bring to school (snacks and lunches), and avoid sending peanut butter or products with peanuts or nuts listed in the ingredients. We feel the best way to reduce the risk of accidental exposure to these students is to respectfully ask for the co-operation of the parents/guardians within this school community to NOT send in any food for special events, birthdays, etc. The only food that should be coming to school should be for your child's own personal consumption. Thank-you for your assistance in keeping all of our students safe! We appreciate your co-operation and understanding. For more information regarding these types of allergies, please visit [www.anaphylaxis.ca](http://www.anaphylaxis.ca).

We would also like to remind our community that we are a scent-free environment to protect our students and staff who have allergies and sensitivities to the chemicals contained in products with fragrances. Please help us maintain a safe environment to make our school a comfortable learning environment for all members in our community.



## School Advisory Council News

We would like to take this opportunity to invite parents and guardians who are interested in being a part of making Southwood a great place for our students, to join the school council.

The school council helps to provide our students with new experiences, fresh resources, community growth, and to represent the families for some decisions at school. Please refer to the SAC Council nomination form.

Our first SAC meeting will take place on: **October 4th, 2023 at 6:00pm in the school library!**  
**All are welcome to join!**

## We need your help!

We are looking for:

- Snack program volunteers
- Bingo volunteers



Please call the school if you would like to volunteer for these jobs, or any other ones you feel would be helpful, please contact the school at (519) 969-3470.



## Southwood School Fundraiser



This year, Southwood Public School invites you to support and enhance student activities and provide additional resources and programs through our "Ricco Frozen Foods" Fall fundraiser. Funding that comes from the Ministry of Education does not cover the extra things that have come to be an important part of student life at school. Fundraising helps us take care of the many resources and special things that we utilize throughout the year for students. Some examples of these are: online learning subscriptions, Learning Through the Arts Programs, special presentations for students, sports equipment, team uniforms, musical productions, instruments, indoor/outdoor nutrition break equipment and much more! We are also fundraising for a walking path to go around our soccer field for students to use during nutrition breaks, physical education classes, sports practices and track and field days.

*Ricco Frozen Foods* is dedicated to sourcing high-quality frozen foods with the freshest ingredients possible! We appreciate everyone that supports our fundraising endeavors. Sabres, please do not go door to door for to sell. Please limit sales to family and friends. Money/cheques and order forms can be handed in to teachers starting on Monday, October 2nd, to Tuesday, October 16th. Students handing in money after October 16th will not be eligible for prizes. Please ensure your child's name is on the order form as well as the envelope with the money. Participation is completely optional but, we are hoping that all students will participate.

The top three Sabres in the school who raise the most money will win a gift card of their choice! First prize - \$100.00 gift card, second prize - \$75.00 gift card, and third prize - \$50.00 gift card. The gift card choices are: Amazon, Mastermind, Toy R Us, Chapters/Indigo or Devonshire Mall.!

For every pizza a student sells, they will receive a ballot for a chance to win a prize in ballot draws of their choice. Prizes for the ballot draws will be various books, sports equipment/balls, art supplies, games, gift cards, as well as various other items. The top earning classes in each division will enjoy a pizza lunch!

Sponsors of \$10.00 or more will be eligible to receive a tax receipt. All information must be filled out on the form in order to receive a tax receipt. If you have any questions or need an order form, please feel free to call Southwood School at 519-969-3470.



# OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2  School Fundraiser begins	3	4  Frozen Yogurt Day  SAC Meeting @ 6:00pm in Library	5  Cross Country Event @ Malden Park	6	7
8	9  Happy Thanksgiving No school!	10	11  Frozen Yogurt Day	12  Pizza Day	13	14
15	16	17  Frozen Yogurt Day  School picture day	18	19  Pizza Day	20 School Fundraiser ends	21
22	23	24	25 Grade 7 immunization	26  Pizza Day	27 PA Day - No school for students	28
29	30	31  Happy Halloween!				

## The month of October is Islamic Heritage Month in Canada



Established by the Canadian Government in 2007, **Islamic Heritage Month** provides an opportunity to learn and honour the rich history of Islam, and contributions of Muslims in Canada. It is important to recognize the diversity that exists within the faith of Islam, and the folks who practice it including the multitude of people, stories, and cultures that have shaped, and continue to shape Canada.

This Islamic Heritage Month, we honour and celebrate the significant contributions made by Muslims within our community, and beyond.

## The month of October is Latin American Heritage Month

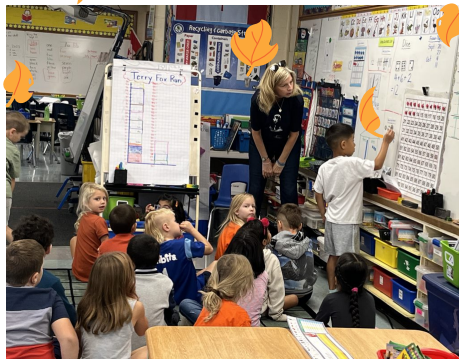


In 2018, the Parliament of Canada proclaimed **October Latin American Heritage Month** in recognition of the Latin American community's tremendous contribution to Canadian society.

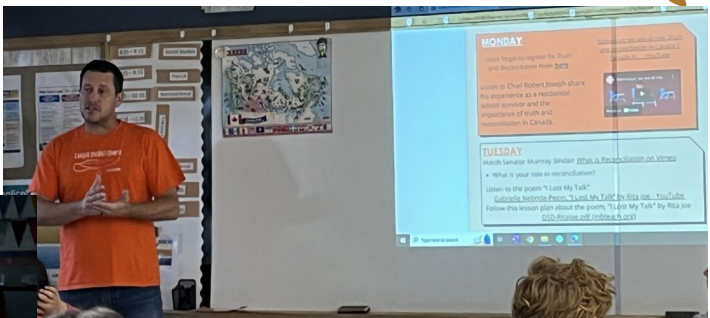
Hailing from all 20 Latin American countries, Canadians of Latin American origin make up a large and growing community in Canada. They enrich our national fabric with their

diverse and vibrant cultures, cuisine, music, dance and more. Also, members of the Latin American community play an important role in Canada's growth and prosperity, thanks to their entrepreneurial spirit.

We invite all Canadians to learn more about Latin American heritage and to honour the rich cultural and artistic traditions of our fellow Canadians of Latin American origin. We wish you a wonderful and colourful Latin American Heritage Month!



Learning about Truth & Reconciliation - Sept. 30th



So nice to see everyone at "Meet the Staff" & Movie night



Welcome Fall!

Terry Fox Run, Walk, Roll Day!





# Spotlight

ON OUR DYNAMIC DUO IN  
GRADES 1 & 1/2



Mrs. Mamo  
Grade 1



Ms. Coulter  
Grade 1/2

**Southwood is fortunate to have this amazing team of educators in our building. They are educational leaders with years of expertise in teaching reading, writing and arithmetic skills to our young learners. They have a passion and enthusiasm for teaching and learning that is unparalleled! Go Sabres!**