What is the Transitional Stability Centre (TSC)?
An integrated interagency model of care delivered outside of hospital walls. Staff from various community organizations collaborate with the client and TSC staff on support/care services.

Of benefit to individuals identified as frequent users of Emergency Services, including ED, ambulance and police services; homeless, at risk of being homeless; having minor infractions of the law; experiencing a mental health or substance abuse event who don’t need admission to a hospital, but need stabilization and care coordination.

An Emergency Department Diversion Strategy

Who Is Eligible for Services?
- Individuals aged 16 and over experiencing a mental health or substance abuse event not requiring urgent care
- Do not require medical or psychiatric treatment in a hospital emergency department or an admission to a hospital bed
- Are currently receiving services from agencies and community organizations & need to have services coordinated
- Voluntary participation
- Frequently use Emergency Departments, Police services and / or EMS
- Most likely homeless, at risk thereof or living in substandard housing
- May have minor infractions with the law and involvement with the court system
- Difficult to engage
- Are not violent or sexual offenders
- Do not present as a danger to self or others

Who can make a referral?
Referrals are received from hospitals, community providers. Self-referrals are encouraged; all referrals are screened for safety and suitability.

Who is Staffing the TSC?
An inter-professional team or staff will provide services at the TSC, with onsite links to other community service providers. Programming initially will be during the day and early evening (8-8).

What Services are provided?
The TSC programming will include individual 1-1 sessions and supportive group programs. Community partners provide services on site to ensure tight client connections upon discharge.

What is the duration of service?
Client’s involvement can be up to 5 weeks. Timelines are flexible based on the client’s needs. Hours of Operation: 8am to 8pm, seven days per week.

Contact Numbers
- The direct telephone line to be used for referrals is 519-257-5224
- The referral fax number is 519-973-0613
- For written correspondence – see address above