

May, 2021

THE PHOENIX FIARE

ESSEX PUBLIC SCHOOLS MONTHLY NEWSLETTER

NOTEWORTHY INFORMATION

How Can I Support my Child with Online Learning?

A Parent Support Guide resource was shared earlier this year with all families to support student learning while at home. The resource offers support with virtual learning and a parent troubleshooting guide when having difficulties accessing technology from home. The resource contains a series of short videos which may assist our families and students when learning from home. Please visit www.publicboard.ca, the board website. On the top bar, hover over the PARENTS tab and choose 'EDSBY, BRIGHTSPACE, TEAMS HELP'. At the bottom, please click on the 'Troubleshooting Guide to Accessing Technology' full of videos and quick tips.

Bussing Information

All families with students who ride the bus are advised to check Bus Kids on or after August 16, 2021 for bussing information for the 2021-2022 school year found at www.buskids.ca

All bused students have previously received magnets with Student ID# with PIN numbers and information sheets. Families are advised to check prior to the first day of school as Route Number, stops or times can vary as buses as well as students (and therefore, stops) can be added or removed. Everyone is reminded to call the main office if they are unable to find their Student ID and PIN numbers needed to access bussing information.

What's Poppin' Popcorn Fundraiser Update

School Advisory Council would like to thank our families for supporting Essex PS students! The successful online popcorn fundraiser raised over \$2200 which will go towards purchasing school devices, sports equipment and sound system upgrade in our gymnasium. We hope you enjoy the delicious popcorn with your family over several movie nights! Thank you to Parent Council members and What's Poppin' Popcorn Factory for delivering popcorn directly to family homes.

Graduation 2021

Due to restrictions that limit gatherings under the current Stay at Home order issued by the Government of Ontario, Essex PS is once again planning a virtual graduation ceremony. While students and staff continue to work remotely, there is uncertainty about the duration of the mandated restrictions scheduled to end on May 19, 2021. Both elementary and secondary schools are developing plans for an on-line event and all graduating students will receive lawn signs, acknowledging their accomplishment, which they can display at their homes. More information will be shared with graduates, their families and our school community as soon as it is available.

RETIREMENT!



Happy Retirement to Mrs. Guilbeault who officially retired the end of April 2021! Congratulations on an outstanding career with the Greater Essex County DSB. Mrs. Guilbeault has been a dedicated teacher at RCC, Begley, Prince Andrew, Maryvale and most recently joining the Essex Phoenix Proud family! Thank you on behalf of our students and families. We will miss your optimism, commitment to student learning, and positive energy. Enjoy your new adventure!



Online Directory:

Twitter feed: @EPSPhoenix

School website:

<https://publicboard.ca/schools/essexps/>



Story Book Early Learning Centre

492 Maidstone Ave. W.

Essex, ON, N8M 2W2

519-776-7772

72 Brien Ave. E. • Essex, ON, N8M 2N8 •

519-776-5044

Story Book ELC Latchkey Programs at Essex Public School:

- Open 6:00 am to 6:00 pm daily, Monday through Friday.
- Offers before and after school programs for Kindergarten child 3.8 yrs to 6 yrs and school age children 6 yrs to 12 yrs.
- Offers full day programs for Kindergarten and school age children on PD days, Christmas/March Break and summer (July & August)
- For more information visit our website:
www.storybookelc.ca

Be Water Wise!

Know the worth of our water...
Please Conserve!



Monday
Hand Evaporation
Head outside with a dish of water. Wet your hand and make a print on the sidewalk or driveway. How long does it take for your print to disappear? Try it a few times in different areas (sunny and shady) and see what happens!

Tuesday
What absorbs water?
Find a bin or a container that will hold water. Soak different items in the water and see which ones "absorb" the water. Try things like sponges, tin foil, rocks, paper towels, fabric, or cotton. What do the items that absorb water have in common?

Wednesday
Creating Water Colours
Fill 4-5 cuppers with water. Using food colouring (or other liquid) see if you can make different colours in each cupper. Predict what will happen when you mix certain colours together. Try it and see if you were right!

Thursday
Water Saving Poster
Using items around the house, make a poster showing the different ways that you can reduce water use in the home (e.g. shorter showers, turning off the tap while brushing your teeth).

Friday
Make a Pledge!
Think about how you use water everyday. What are some things you should STOP doing, START doing, and CONTINUE doing to save water? If we make at least one change in our habits it will make a POSITIVE difference in our world!

Nurturing Your Child's Emotional Health Parent Virtual Presentation

Save the Date: Thursday June 3 at 5:30pm

As part of the Parent Reaching Out grant acquired this year, School Advisory Council and Essex PS are proud to announce an upcoming parent learning session. Guest Speaker Sara Westbrook has been invited to speak to all our families in regards to Nurturing Your Child's Emotional Health. The virtual presentation will be made available to all our families prior to the June 3rd date. Students are welcome to attend the presentation, but the message is focused to parents, guardians, and grandparents.

SARA WESTBROOK *Presents...*



A child's emotional state affects their performance at school, their relationships and their physical and mental well-being. Emotions can be hard to identify, to move through and hardest of all...to talk about.




NURTURING YOUR CHILD'S EMOTIONAL HEALTH

In this virtual or in-person presentation, parents and guardians will learn 3 Strategies to help develop:

Resilience and Emotional Well-Being

Using the 3 Strategies with your child will help them:

- Self-regulate
- Decrease anxiety and stress
- Have a closer relationship with others
- Communicate with empathy, respect & kindness
- Create healthier mental and physical well-being

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 (Day 2) Focus on what you can do rather than what you can't do.	4 (Day 3)	5 (Day 4) Send your friend a photo of a time you enjoyed together.	6 (Day 5)	7 (Day 1) Let someone know how much they mean to you and why.	8
9	10 (Day 2)	11 (Day 3) Be grateful for the little things, even in difficult times.	12 (Day 4) Listen to a favourite piece of music and remember what it means to you.	13 (Day 5)	14 (Day 1) Find out about the values or traditions of another culture.	15 
16 FIT WEEK BEGINS 	17 (Day 2) Show your gratitude to people who are helping to make things better.	18 (Day 3) Send a hand-written note to someone you care about.	19 (Day 4) STRIVE Conference	20 (Day 5)	21 (Day 1) Share photos of 3 things you find meaningful or memorable.	22
23	24 Victoria Day 	25 (Day 2) Make choices that have a positive impact for others today.	26 (Day 3)	27 (Day 4) Remember an event from your life that was meaningful.	28 (Day 5) Kindness Virtual Assembly Multiples Day	29 
30 	31 (Day 1) Find three reasons to be hopeful for the future.	May 2021 