




Health & Wellness SHSM

This sector not only has a wide variety of careers, but also is significant for the number of workers it employs. According to Canada's Health Care System, approximately 1.6 million people work in health care and social services in Canada, making it the nation's third largest employer after manufacturing and the retail trade.

The demand for health and wellness professionals will only increase. One reason is that a large number of employees in the sector are nearing retirement age. In addition, as our population ages, the demands on the health care sector will rise.

SAMPLE OCCUPATIONS IN THE HEALTH & WELLNESS SECTOR



Optometrist
Paramedic
Fitness Instructor
Funeral Director
Dietician or Nutritionist
Dental Hygienist/Assistant
Hairstylist or Esthetician
Family, Marriage or Other Counsellor
Hospital Admitting Clerk or Medical Secretary
Child and Youth Worker or Social Service Worker
Registered Nurse or Nurse Practitioner or Physician
Recreation Program Leader
Registered Masseuse
Sports Therapist

REQUIRED COMPONENTS FOR THE SHSM-HEALTH & WELLNESS

1

- A bundle of nine Grade 11 & 12 courses:
- Four Health and Wellness major credits
 - Three required courses in English, math and science or social science where a Contextualized Learning Activity (CLA) related to the sector is delivered
 - Two co-op credits in the sector

2

Experiential Learning & Career Exploration Activities gained through co-op placements and field trips.

3

Reach Ahead Experiences that connect SHSM students to their post-secondary plans – e.g. tours of post-secondary institutions within this sector.

4

Six sector recognized certifications & training. These can include, but aren't limited to:

- CPR – Level C
- WHMIS
- Standard First Aid
- Infection Control
- Automated External Defibrillation (AED)
- Ethical Considerations
- Customer Service
- Leadership
- Conflict Resolution
- Non-Violent Crisis Intervention

5

Essential Skills and Workplace Habits learned through an online program & co-op placements.