



GRADE 9 COURSE DESCRIPTION

HIF10 - Exploring Family Studies

In this course, we'll dive into the world of families and tackle important stuff like meeting basic needs, getting along with others, managing resources, and being responsible in society. We'll also check out how teenagers grow up and practice skills for everyday life. You'll discover the different ways families work in Canada and even get to use research skills to explore individual and family needs..

- This is a great introduction to Social Science and Family Studies topics that allows students to explore their interests, while learning real life skills.
- Learn about communication and decision-making skills, how to be a smart consumer, how to manage laundry, plan healthy meals, save money, and manage time.
- Create your own teen magazine!



FOOD & NUTRITION



Grade 10

- HFN20 - Food & Nutrition

Grade 11

- HFC3E - Food & Culture

Grade 12

- HFL4E - Food & Healthy Living

Expectations

- Hands on opportunities to develop food preparation skills.
- Learning cooking skills in real kitchens.
- Learn food-related and dining etiquette.



FASHION



Grade 11

- HNC3C - Understanding Fashion

Expectations

- Use of tools, technologies, and techniques to create fashion items.
- Learn practical skills like hand-sewing and knowledge of various fabrics and fibers.

SOCIAL SCIENCES

Grade 11

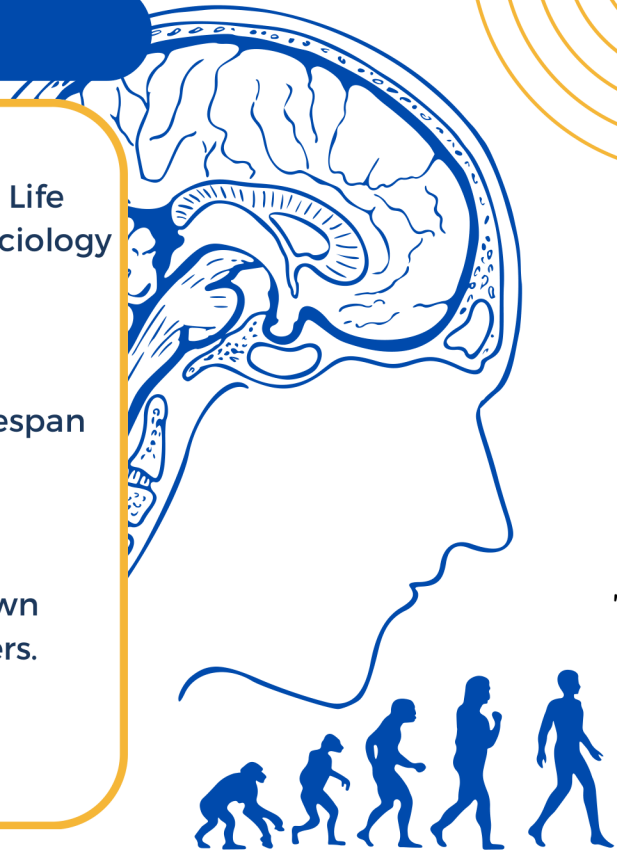
- HRF3O - World Religions & Belief Traditions in Daily Life
- HSP3C - Intro. to Anthropology, Psychology, and Sociology
- HSE3E - Equity, Diversity, & Social Justice

Grade 12

- HHS4U - Families in Canada
- HHG4M - Human Development Throughout the Lifespan
- HIP4O - Personal Life Management

Expectations

- Gain a better understanding of yourself and your own experiences while also learning to understand others.
- Learn about topics related to real-life.
- Courses for all pathways.
- Develop research and inquiry skills.



Postsecondary Panel

Hear first-hand accounts from current college and university students about their experiences. This valuable opportunity will help current seniors prepare and better understand expectations that lie ahead.

Home of the
Tartans

